



PICKLEBALL *Cheat Sheet*

GAME PLAY

- Teams will play 1 match per night
- Each match is a best-of-three games format
- Teams will consist of 2 players with a minimum of 1 being a “regular player” listed upon original sign up; Team member substitute can only be a player from the corresponding team’s subs listed on their sign-up form.
- Games do not use a rally-point scoring system; points can only be scored when having the serve
- Games are played to 11 points; but teams must win by two points
- The team that starts with the first serve of the game will only get one service game to start; each team receives two serves per possession thereafter
- The serving player should announce the score and serve number before each serve
- The serving team always starts with the player in the right-hand-service-court
- Players alternate serves between service-courts after each point
- All serves must be underhand, and contacted below the waist (not on a bounce)
- There is a maximum of 5 consecutive points allowed per server
- Each team can only strike the ball once before it has to pass over the net
- The ball must be returned before bouncing twice on the floor
- Double bounce rule: Each team must play their first shot of the rally off of the bounce or as a ground-stroke (no volleys)
- Non-volley zone: Also known as the “Kitchen” extends 7 feet from each side of the net; players can only enter the area to make a ground-stroke, or play a ball landing in the non-volley zone

PENALTIES AND VIOLATIONS

- Players are to call their own faults
- Common faults include:
 - The serve touches the net and lands in the non-volley zone
 - Double-hit: the ball is caught and slung during the execution of a stroke
 - Double bounce rule violation
 - Non-volley zone violation - “Stay out of the kitchen!”
 - Crossing the plane of the net with a body part, paddle or clothing (exception is the follow-through of a racquet where contact is made on the returning player’s side of the net)

Points will be calculated based on results.

1 point for a game win

2 points for a match win